

“Deepening Intimacy”

Women’s Closed Group

led by Lynn Hyde



Qualified counsellor of 10 years and couples therapist specialising in conscious sexuality and touch. I have a passion for dancing, nature and body-awareness

.Six Thursday meetings

Sept 7th/21st Oct 5th/19th Nov 2nd/16th
7.30pm -9.30pm

Themes include boundaries, building trust, exploring your relationship to your sexuality, divine masculine and feminine.

We will explore using sharing, movement, meditation, art, ceremony, being in nature, giving and receiving support.

This group is for women who would like more connection to themselves and their sexuality.

Venue: Barrow Gurney (12 minutes by car from Clifton, Bristol)

TEL: 07971 544979

info@lynnhydecounselling.co.uk

PRICE: £70 (limited to 8 women)